

t II inlk iRHq bFcR..t lmx t lk Mft InHdlt IxFs FxFKA lk W Wprdr ISEq E
sit et IxKw yf

t ImBHJ Et Ij A ii Ek MEx pP/7/2015 nFI b

t IxFs FxFKA lk W Wprdr ISEq Es it et IxKw y fmAnBj E.

t IxFs FxFKA lk W Wprdr ISEq Es it et IxKw yf
(mA mApdr ISEq Es it et IxKw y fl iKFHniFt IxFs FxFKA lk W W

t b b b Ft iHAq ix BDPOA mA mAt IxET W/W IxFs FxFKA kFSR
mAwllHsrt lk Msk M al ix h ASh Ak mBpBj Bt j B (npBKiFSR)

dBlx k n1b Fnt IxFs FxFKA lk SdplfI BHrt IxFs FxFKA k BI inBk HAxj bFl b
npBKiFSR x K W ix k d1b Ft IxFs FxFKA lk SdplfI t BHk lt ldpBI ih AmBSibnt IxF
S FxFKA lk W Wbll bll n1xj bFl b

bFs FHnfk A Ipfl BHrs it et IxFs FxFKA lk W W BmBwT dFl inpfI BHrt IxF
S FxFKA lk W W Bnk SldFnE k b FnFl b

t IxFs FxFKA lk W Wprdr ISEq Es it et IxKw yf:

- t Et BpBI innfnlx Bt j BdBlk dIxFT Et IxFs FxFKA Ipfl BHk I fkl f
b j At b j Bxj b PedlxFT Et IxFs FxFKA Ipfl BHk SldFwE k b FxKmAnt I
Sax t lmU It xFl ibb FmA At lmU IxFdEJA A
- mifl inc T ix Bt j BdBlk dIxFT Et Ipfl BHrt PFI ic v fpII fHrdkt lb FnHR
db
- t s d l k Et lmx t lk Mft InHdlt FmAnt lk Msk W xFKb Al if

t Ipfl BHbFcly t IxFs FxFKA lk W Wt lk say b b k b ipBKiFSRdIxFT bl iy j b
t HA FnFx FwE k k xA

mA b t Ipfl BHRI ipBKiFSRdIxFT bwE inj bx Fdlt IpfpnEt PFI b
npBKiFSRmbt II il fx Et HA

- mbl ft ls k t dk Et lk say b b il ix k x Bk BKb BHHRmMA mAt dFl i
k HEHrFKEBmApfj ilpfk ll int ls ax t lmU It xFl ibmA mAmHRk HpAT b ldb
l indlxFT Et Ipfl BHk SldFnE k b Ft k b ibb F;
- mbl ft ls k t dk Et lk say b b mAt lpt II b idinEt IxEnlj Enlb mAt mAT E
mA mAT dFl int ls rt ls ax t lmU It xFl ibmA mAmHRkHpAT b ldk HEHrFKEB
x IFI Et W fwE it IxEnlj Enlb dOr E h AnBt lmBmFHmA mAmBk q II Bt ls al ib
b F;

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- mBI ft ls k t dk it lx fs fx fKA lk say ab il inx iFI bh Ax KmA mA T dFI int lx fs fx fKA dI ex dt lk say ab bx bRt xFI inj d ibb FmA mAt mb wEmBk ex t lpoq Fb F;
- mBI ft ls k t dk it lk say ab il ix t lpoq FmAve lk W WimBmOnHmA mA mBk bq II bt ls amA mA
- j A fmA mAt ls k t dk it lx iFI bh AKW ix Fdlt IHAg nlpill it lx fs fx fKA t lk W Wj bnAndiT Edlt l j A fmA mAt ls k t dk EK mBI b Rh RPO mA mAT dFI it ldiT 5PmA mAt lx fs fx fKA lk W Wpfx HRHmV it lb Fy Fb Fb ex dFx mlx pBmA mA HEHrFKEbpfl BHRI iPHFxFI idil bx pBx Hrt mAt l x FPEb FnFI b

y mA x Edlh Al BpBt j BmdadDlx dIx FT by t lx fs fx fKA lpfI BHrt Pfk HAx j bF, k b Fw dFy b by t EXBxa t mAb F.

nh Al Bmdas pBdft gKFpt j Bj At j Bj A it lb FnHrdt mA k HEHrFmA mA pBpis it lx o fs fx fKA AdiPenlb Ft lk say ab lnFb FmA mA pBII iPEt lmBt II ink HEHrFxj bmA mAt l x fs fx fKA AdiPenlb Ft lk say ab lnFb F.

y mIx Fws we it lk W WpHj hEl b
xwdFmA CT iy BdR pBKifSrx HII ix t lx fs fx fKA lk W Wpdr ISEq Es it et lx kW
xy fx Pb fnFy mbt IdR KifSII ik y Et lk say ab lt mA II InFHxa
mA b mAmlldlx FT Et lx fs fx fKA lpfI BHRI ix Fdlt IHAg nlpilt k b F.
l inFx meq i
nmBn1b Fnmot lx fs fx fKA lk SbhA dFI inmjh AShAk mBnBI ink mBdDFK0dt lx fs f
x fKA lk W Wpdr ISEq Es it et lx kW y ft b AnFI b

y Ht lx fs fx fKA lk W Wpdr ISEq Es it et lx kW y ft b AdDlk pis jk W Wm
k FXOSXbj Ak Bxj dk Hxa
t Hb F.
nb FHpdr ISEq Es it et lx kW y ft lk mBk mAl bs d b AdDlk x EK bK mBmIx mR
xrlt Pfk nlx j bFl b l ik fSApdr ISEq Es it et lx kW y ft lk SbxnldEx j b
k W Fh ay fptrePiPx k ril Ek mAl it lk lxb
"t II iy lk iRHAg ab Fc R...k fSAmgiitoye bHmBh shto tdyt tdyt aoyt" fñvntatv.

y Hw t lx fs fx fKA lk W Wpdr ISEq Es it et lx kW y fdDlk pfPbT bpk W Wb
j BXa y PHFXa mA mA y PHFI idFt gKFpII Ebx k Bxj Bt k lbt mrt j BXanFk Hxa
mA b
q Bt lx fs fx fKA lk W Wpdr ISEq Es it et lx kW y fl ipDlk hls Et II Fb FpB
k W Wl t Pfk0dt lk mBk mAdBHAFI b
npBk W Wl t j Bk imAm pBII innfnlx BdDlk pis jk W Wm k SldFwet ISu tKbKF,

mAt mAt IKFH if

(d) PIFMAt mAPHF1 idFT dKfpB Bx kAx jBt kibt mrt jBxt ISAK BH A
nFI bb Ft bFnhApBK IT VII infpHt Bt jBxKw yfl ik cUT ipBK W VII ixk hE
nxi d iKEFI B

t Ib bFHq aHdt Isk mft IxFs FxFKAf mAmNBI E.

xFh ay fHslrt IHft IHb Ax KmA indk FT B

"တိုးဘုရားလုပ်ညွှန်သီးအီတိုးဘုရားလုပ်တိုးဘုရားလုပ်သီး"

t IK Mbk MAl ipfpt BHDdt Isk mft IxFs FxFKAk BI Bt B ds kFI B

t IxFs FxFKAk IK W pnt ISEq Esit Et IxKw yfl ixq Bt bApis jk W MAl kdkdb
Hlddt Isk mft IxFs FxFKA bFs Ft ImBn1

"တိုးဘုရားလုပ်ညွှန်သီးအီတိုးဘုရားလုပ်တိုးဘုရားလုပ်သီး"

SAk mAmAe ik Fb Fk FHDAlk dNEPit Bt Ib FnHRb FcRt ik Say ab Bx k hA

k HEk HmAj BmA mA HEHrFt PFxj BmA BnFI B

I it Ib bFHq aHdt Isk mft ik Say ab Bt ik SEx gldExj B

k W Fh ay fpBK ApBj Bt kibt mRx t IKW ly ft PFpfy B HnP www.disabilityrightsohio.org

g/ဒီဇင်ငါရီ "declaration of mental health treatment" ဖျက်လေ့အတ်ပုံစံတွင်၏

dBAlk k W Ixd Bt it Ib bFHq aHdt Isk mft ik Say ab Bt ik Mbk MAl Hkj B

I Bpfy B HnP www.disabilityrightsohio.org/sites/olrs.ohio.gov/files/u5/MHDeclare.pdf

t k A

t Ib bFHq at Imx t ik Mft InHdt bAmAmNBI E.

t Imx t ik Mft InHmAmesrt ik Mbk MAl inHwADAlk dNEPit Bnt InEk Bt it IHmA
jBt it HmAj Bx t Ipl II d mB ixBc fpBPt Is mRlx KaHt HAFmAm t Is Bt Is ax t Imu
II It xFI iBmA mAHRHpat IT b nFI B t Imx t ik Mft InHak :

- t ik Bt dFI int Bt Bnt Ib FHdt k Bb Fd bHRHpa A mA mA mAm t Is ax t Imu
I It xFI iBb FmAj A
- ns d l mA mAmhRj Bk Bx Sk mBt b j At b j A
bFs FpBj Bs d l mA mAmhRj Bk Bx Bt Hb F, db
- mBnBt IxFs FxFKAk IK W pnt ISEq Esit Et IxKw yfnFI B

y t Imx t ik Mft InHmAmesrt iy t xEdt Ipl II d mB ixBc fy BPt Is mRlx KaHa
t Hb FnFb Fy k dnb Fk HEI ixmBk q II Bt Is adka

mA B

t Imx t ik Mft InHpis jT dFt IxET W Wix Hly ET Bt Isik t Bt BpBHkd Bt Ix

I mA mAt Ipl II dFI B t IxET mBb Fd Bt ik Say ab Bt ixmBk q II Bt Isab F, x d B

nk dnb FxFKAk dNEk Fd Bt IxFs FxFKAk IK W WipFc dnb HEI ixmBk q II Bt Isad

t It iBdx BmA mA t Icfk dnb HRI il bnpBHkd q nFI BpBt IxFs FxFKAk t ik Say ab Bk ir

wb Fw xPiml n k HEHrFk bFnBnBt IxET W WimBmBnHnFI B

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I iy t lmxt lk Mft InHxpb
y pfPil Bt B B iy t x Edit lmBk dsk BdBHHPiFdlpHFK mBk At lxj b(CPR)Xa
mA B mnEk lk HEHrFI ik k MwesD il(DNR)(mBpilT Bk At j B)
t IrEi B inpbnAK HEHrFKEBHRI Bpl fl int lsaxt lmu It xFl ibmA mAHRHpaAt
T bI dsk lk W WixFs FxFKAk iWe FweFl B
I it lk SExiT BdB FC RT lmBpilT Bk At j At IrEi B Ak Bxj tk W FhAy fpbrSiPfxkr
Iလ်ဘုံးမိတ္ထုနှင့်လာတုကီးအို, "တုလာယlk iRHqab FC R..dD il t IrEi Baaay"
mA mA W FhAy ft lxFs FxFKAk lmxpfy B InP www.odh.ohio.gov(I င ၆၁၄-၄၆၆-
3975) nFl B

y t lxFs FxFK At lmU lt xFI iBbFdBy c iT it II it mBy ET bbFy HRHmt FnF,
y k HEHrFk mBdD E.
nk HEk rFk hRs At lmBSiBy ET bnHRHmt lk say ab ll ipFc fidkt lmBk dik AdDlHPlFdb
pHFk mBk At lxj bdt lplt II b idinAt lxEnlj En1b adbt Edbxw& hAI BdBX il
(mBpiIT bK At j B t lrE! BnFI B
nk HEHrFk mBmfHldmBk q II Bt ls sAK Dd II ix mBwetA mNFI B
l it lk t B y B pB t lhAnBxKw ink HEds iFx HlnFI B

y HmApAT b dlt lmU lt xFl ib, dby t xEdmBy ET by HRHmb FnF,
k HEHrFk mBt lmNBj E.
nk HEHrFk hRs dt lk say ab ll ix k mBy ET bnHRHmv
pFc fidlt lmBk dak AdDHlHPiFdpHFK mBk dt lxj b
b Fs FK diNft lx bnlj Enlb adBT EBlt lplt ll mA mAT dFl int lk Mft InFHSE AwE lb
FnHRI ik T lk EmA mA bc ft IdE EnFl b
nk HEHrFk k lsrh AnBt lk W tVimBmfnHrdt ls at xFk dls v nFl b

y t lsRt ls mAxFl it lbFy Fb Fb x t bPldy x EdhIb Ft lk say abKe ifl ix bF
t bFk mBy ET b y HRHmdls q axj bFy t lmxt lk Mft ln1HpfPlT bweHAK HKA
mA B nlk irk t bt ldkak HEHrFbFcRt lpfl BHRxj At k A

bFHAAHAt Imx t lk Mft In1HmAvt Ix k adFI ipBHFK Atpj j Bxj bnF,
bFs Fb FmNbx c pBdFT gKFpHISII Fb FwFI E.
t Imx t lk Mft In1Hah AnBdah EPc Bt IHfemHmumAnHrxF 25nEmAj A
75nEmAj BnFI b
xnl t k AHO At lb Fn1x BmAvt II idlk E BndKFK Ak Bt j At bFdlt IHE ipBxFh ay F
HRSIPk k lnFI b nbt eEexPbx Hsrt Ij ApfPlt lk M5k Mwadlt Ipfl BHR
mAvt Ix k adFI ipBdFT gKFpHISIdpBHFK AtpjSAk Bxj bnFI b
nbt eEexPbt xFdlt lk Mft In1Hab F.
Poe1990xKax Hrx Fk t bkb iKE nldKE ix KFNfhij Bx dFx mly
k HEHrFSEq Bt မြေအပံ့ခို "ရှေလာအအိုးမူသန်ကဲအခိုးနှင့်တမေတားနိုင်စာဝါ",
bFs Fk MwBHSrt Ij AxFHRt B 2005
dDlk SEq Bt el it lpt II o m B ix pibc fpBHRHmVk irb Ft IHx Blls o mAj At Hx b
I ibb FmAj BnFI b

k HEHrFk dHAAqay hEPc Bt Klx xk t bt ImBSiBHRHmt lk say abdKE
xadFt It k AmA b
k HEHrFt I Fb Fh EPc Bt lhAxKt Bt lpt Mft In1Hax t InEl At PFb FHn
fk A
xwHAK b FmBt ls Fs fdDlk dHAAq pB i xpfPlt BwdFI int Imx t lk Mft In1Hax pB
t j Bt KIRt lpfT Mft ls k t dk E t II ipibc fpBHRHmx t InEl Mft FnFI b
pB i b Ft IdHAAq ax Bt j BmA k mFI int Imx t lk Mft In1Hat It mBT Mft Mj B
bFnFb FmA mAt It Pll fHrdBHSrt Ix Hft IHbb FdHSrt IHft IHb ix x EHrt In1
Hak MwBx t IxFPFI iHmEHmt Ij Axj b
bFt lpfI Bt ls ik t bt bld Dlk SEq BpfI Bt Et ImBT Mft InEl At PFx Hsrt Ij At I
pbmAxFt xFb FnFI b
KDHsrt IHft IHoFmAmBk E Bt Imx t lk Mft In1Hal ix lk irx bFd Bt it IHb hfpB
is o l mA mASlk ax t ISk mBb Hmiwet ls it Et xFnd j Bb F.

y t Imx t lk Mft In1HmAxFnF,
lk ily xFdlt IxFs FxFKt lk W Mft ISEq Bt it Et IxKw y ft b ASAK B
mA b
pBxaj Bb FHRt lk M5k MwKb Al ifmA it Imx t lk Mft In1Hab Ft IHx Bt dFI inHRH
mx FI it IHE Imx b iFSiB
bFs FHnfk A IxFs FxFKt lk W Mft ISEq Bt it Et IxKw y fb Ft IHx Bt it IxO
Fs FxFKt Ix Fhj Bk if PdtxFT Bt lpfI BHRk SldFwt k b Fx KnFI b
mA Hnfk ADFdAmAc T il ik mBk E BT dFt IxFs FxFKt lk W Mft ISEq Bt it Et Ix
Kw y fnFnh ASh Ak mBpBKifSN ik dlk FT Bt lpfI BHRpHHRHmx FI it IHE Imx b iF
SiBxKnFI b

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y t lmxt lk Mft In1HmAt xFb FxFy t IxFs FxFKA lk Wpr ISEq Es it et Ix
Kw y fpBKIFSldxFT Et lpfI BH i j Dp HRHmxFl it IH E lmxb iFSIBxa
mA b
mApfPhT bl Et B int IxFs FxFKA lk Wpr ISEq Es it et IxKw y fx pBnFI b
pBxaj BHwe lk Mft In1HadBlk pis jt lnEl Et PFmAx HRHmxFl it IH E lmxb iFSIB,
bFs FmAt Ib FnHRI ik dIxFT Et dFt IxFs FxFKA lk Wpr ISEq Es it et IxKw
xy fnF, nh ASh Ak mBpBKIFSRI ik dIxFT Et IxFs FxFKA lpfI BHKE ifHA
pFc fidt IHmA mAt lmBk t ilk Et lplt II b imBy EpBHHRmdt lplt II b idinat IxEnl
j AllobadT BFI b

t lk Mft In1HadI IxFs FxFKA lk Wpr ISEq Es it et IxKw y fx I Ept E EnF
yc T Enlx BpE E. y dIk Et Bl E y k SldFy A
xFhay fprSiPf x k ridIxFT bl Ek M5x d0D Bx Hc fidt lk Wpr Bxmek BmLnfI ix
KiFHk ri, xFhay fSiPf IxFs FxFKA k ri, xFhay ft IsahExk ri,
dIxFhay fSEt lk say ablk ridDpII ix c T it lk M5k MwHAt PFxE Bn1x Bq qk HA
xj bFI b nmBn1bFI Ek M5x d0D EKbI M EC AT Et ldb\$3.00 Hidb Fs Midwest Care
Alliance, 2233 North Bank Dr., Columbus, OH 43220,
mA mAKbI it lk rik rj Efy I www.midwestcarealliance.orgFl b
b Ft b FnmBnII Ek M5x d0D EKbI M EC AT Et ldpFC fidt lk rj Bk I fk I gmA Bk HEHrFmA
j mA mAbroAj BHAFI b

nt bFk iRHv Ek M5x d0D bF.bFs FHnfk ABDlk xFdt IPII FHRdRHSRxj bFt IxF
s FxFKA lk Wpr ISEq Es it et IxKw y fidt lk Mft In1Hat Pfk bFpFc fidt I
k t bl Et B s B iPlt AwE Et B IxFhay ft IHft IHb it lk M dIk Bx pBnFI b

PymBI ipet lk M5k MwHAt PFxE ExI tE k b FmBt ImNB E.
mBdI Exnlk EKA hAnbt bAs nbt Et innfnlx Bt j Bx xFt k A
pfcfxj Bt bAc fidt Bk SldFnt lk M5k MwHAt Pft k A hAnB Eds nk HEHrFdbpbro
dIxFt bFnt IxFpHrFx xFt k A
mBI Et II inhAbFnt IxFs FxFKA lk Wpr ISEq Es it et IxKw y ft lk M5
k Wx dls pBII inc T idpBKIFSrx Hlt k A

1/7/2015

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t IwexEnAt IpFT wKE Kal ixmAt IHft IHdI jA ipBxj Bx t IHqaj bx EK BnFI o
B. t Ij At Ik Fxj Bxj Bt ImBnIx B ipBxwBdIRHA
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t jjAt lk BI il ExExplnAt /x t k W Edt lk ill it lk dloFT dt lk Ak b ix bFT dlo
t IHft IHb ix t pfc fdprjEkt lhAk fb FnFI b

t IHft IHdI j At lk BI EPHAt PFx BnApBpHt It PF t lk Sdj Ak BbFc RHsR
t ixFHRI ixmBwe Bx HnFI b

KBk BzIFPEt ImBt IKpnE dt Is BT MSIBxD ixFhay fprjEKT kri nF t IHft IHo
t Ij At lk BI il EPxE b Ft lk IFT k B Bwak fS xBzifk fxj Bxj BnFI b xBzif
PEt ImBt IKpnEnF t mBHK dt ImAj A bFT W Hrt ImAj A pBt j Bj BmA mAKpnE b FcRl f
x HR xFhay fprjPfK rinFb FnFI b xFhay fprjPfK rit hAt lx EK b mA mA
t mA KifSR i it lk BxFT & t II Bt B B B B A t II it IpBnAj Ax k Bxj B FnFI b
wEHSBpfHfpfHRI i t lk IFT k B F HAH A xKpqf t U by fdB IHft IHxKpqo
xj BHE i t IHx B ik B Bwak fB FnFI b HsRt IHft IHdI j At lk BI il EPxE
t mA IKifSR i HsRt ixFHRI Bt Ex t lhAk Fxj B FnFI b t iHsRt lhAk Fxj B FnFI
mBI Bt ExB incAlpbrot lhAk fl ixHqat IHft IHb ix bFT dlo t ixFHRI lpi
I lk wBnFI b

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