Behavioral Health Services

At ASIA-ICHC, we strive to provide linguistically and culturally competent support for immigrants and refugees. No matter which language you speak, we will be able to help you. Here at ASIA-ICHC, we are trained in trauma-informed care with a holistic approach.

TREATMENTS WE PROVIDE

Cognitive Behavioral Therapy Medication Management Eye Movement Desensitization Reprocessing (EMDR) Mindfulness Talk Therapy Somatic approach to trauma

ISSUES WE ADDRESS

Anxiety and Panic Disorder Drug and Alcohol Abuse Depression Divorce/Separation Grief and Loss Pain Management Post Traumatic Stress Disorder

Services we provide include:

Psychological Assessment, Medication Management, Counseling, Peer support groups in different languages, Case Management for basic needs, Crisis Intervention as needed. Our staff can speak your language.



Stress Management

TO MAKE AN APPOINTMENT

ICHC Cleveland

216-361-1223 2999 Payne Ave., Suite 140 Cleveland, OH 44114

ICHC Akron

234-312-3607 370 East Market St. Akron, OH 44304

Call 911 for emergencies

AVAILABLE 24/7 Free of charge & Confidential

Local Crisis Hotlines:

Portage Path Crisis Line: (330) 434-9144

Frontline Service: (216) 623 6888

Addiction Helpline: (330) 940-1133

National Crisis Hotlines:

Suicide Crisis Hotline: (800) 273-8255

Spanish Crisis Hotline: (888) 628-9454

Crisis text line, text 4HOPE to 741741

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